

Altersklassensieger 5-km-Lauf

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-----------------------|----------|-----------------------|--------|-------|----------------------|------------|
| Schülerinnen D | | | | | | |
| 1. | 707 | Holtmann, Annika | 1996 | w | LG Hamm | 0:24:28,51 |
| 2. | 764 | Barnkothe, Linda | 1996 | w | SV Concordia Ihrhove | 0:26:11,22 |
| 3. | 729 | Schnabel, Ina | 1996 | w | TV Mettingen | 0:27:50,09 |
| Schülerinnen C | | | | | | |
| 1. | 9604 | Tomczak, Sara | 1995 | w | LG Nord Berlin | 0:23:50,46 |
| 2. | 708 | Holtmann, Verena | 1994 | w | LG Hamm | 0:23:54,44 |
| 3. | 823 | Krause, Maike | 1994 | w | LG Hamm | 0:23:55,40 |
| Schülerinnen B | | | | | | |
| 1. | 998 | Drüke, Nina | 1993 | w | TV Norden | 0:25:15,53 |
| 2. | 821 | Seifert, Julia | 1992 | w | TV-Werne | 0:25:22,72 |
| 3. | 9634 | Büntig, Julia | 1992 | w | WTV Willich | 0:25:34,13 |
| Schülerinnen A | | | | | | |
| 1. | 9617 | Schmidt, Melanie | 1991 | w | SV Langendreer 04 | 0:21:45,92 |
| 2. | 914 | Tappert, Lara Kristin | 1990 | w | LC Hansa Stuhr | 0:23:59,09 |
| 3. | 9616 | Schmidt, Stephanie | 1991 | w | SV Langendreer 04 | 0:24:25,50 |
| w. Jugend B | | | | | | |
| 1. | 9612 | Schäfer, Christina | 1988 | w | ESV Finnentrop | 0:24:47,14 |
| 2. | 409 | Wigger, Rieke | 1989 | w | Lauftreff Uelsen | 0:27:23,02 |
| w. Jugend A | | | | | | |
| 1. | 280 | Arndt, Katrin | 1986 | w | (Norderney) | 0:20:44,26 |
| 2. | 9693 | Bussen Heyen, Christa | 1986 | w | | 0:26:44,76 |
| 3. | 1053 | Gehring, Katharina | 1986 | w | TuS Ofen | 0:28:24,39 |
| Frauen | | | | | | |
| 1. | 883 | Kuhlmann, Maren | 1979 | w | LC Hansa Stuhr | 0:19:56,89 |
| 2. | 9694 | Bussen Heyen, Meike | 1982 | w | | 0:21:23,62 |
| 3. | 798 | Hartung, Danika | 1981 | w | (Münster) | 0:24:46,73 |
| W30 | | | | | | |
| 1. | 953 | Beernink, Iris | 1975 | w | (Bad Bentheim) | 0:25:41,36 |
| 2. | 968 | ter Horst, Daniela | 1972 | w | (Bad Bentheim) | 0:25:42,15 |
| 3. | 917 | Hüffmeier, Katharina | 1975 | w | (Aurich) | 0:26:47,94 |
| W35 | | | | | | |
| 1. | 932 | Hellmers, Susanne | 1966 | w | TV Norden | 0:23:19,02 |
| 2. | 865 | Hansmeier, Andrea | 1970 | w | (Norderney) | 0:24:10,00 |
| 3. | 971 | Vogelsang, Anni | 1966 | w | FC Schüttorf 09 | 0:24:40,21 |
| W40 | | | | | | |
| 1. | 861 | Baumann, Brigitte | 1963 | w | (Hinte) | 0:24:47,14 |
| 2. | 967 | Ottoweß, Silvia | 1965 | w | LCN | 0:25:17,34 |
| 3. | 945 | Schmidt, Helga | 1965 | w | SV Hage | 0:25:27,05 |
| W45 | | | | | | |
| 1. | 791 | Zeiler, Regina | 1957 | w | (Duisburg) | 0:23:17,78 |
| 2. | 855 | Kösters, Monika | 1959 | w | SUS 09 Neuenkirchen | 0:24:31,14 |
| 3. | 740 | Reuter, Susanne | 1960 | w | USC Braunschweig | 0:25:25,65 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|------|--------|-------|--------|------|
|-------|----------|------|--------|-------|--------|------|

W50

| | | | | | | |
|----|-----|------------------------|------|---|---------------------|------------|
| 1. | 869 | Beelmann-Kaiser, Maria | 1955 | w | (Aurich) | 0:25:44,57 |
| 2. | 938 | Prodan, Margret | 1952 | w | SUS 09 Neuenkirchen | 0:27:28,73 |
| 3. | 835 | Brüggemann, Martha | 1951 | w | SUS 09 Neuenkirchen | 0:27:30,45 |

W55

| | | | | | | |
|----|------|------------------|------|---|-------------------------|------------|
| 1. | 1074 | Kolata, Hildburg | 1947 | w | Turnerschaft Hoykenkamp | 0:28:50,51 |
| 2. | 893 | Soest, Doris | 1947 | w | TC Wiehl | 0:31:58,10 |
| 3. | 1099 | Schröder, Edith | 1949 | w | LT Tus Aurich-Ost | 0:32:38,32 |

W60

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|----|------|--------------------|------|---|---------------|------------|
| 1. | 1076 | Cruz-Keller, Ninfa | 1945 | w | Tus Norderney | 0:33:05,27 |
|----|------|--------------------|------|---|---------------|------------|

W65

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|----|------|------------------|------|---|---------------------------|------------|
| 1. | 1093 | Neurath, Traudel | 1939 | w | DJK Werl | 0:27:19,73 |
| 2. | 719 | de Boer, Heimke | 1939 | w | Butenostfreesen Esslingen | 0:34:34,38 |

Schüler D

| | | | | | | |
|----|------|-----------------|------|---|--------------------------|------------|
| 1. | 1048 | Loth, Joost | 1997 | m | (Norderney) | 0:24:04,26 |
| 2. | 903 | Kröse, Gregor | 1997 | m | Leer-Loga | 0:24:42,62 |
| 3. | 921 | Seeberg, Jannis | 1997 | m | Team Gym. Aur./Moorhusen | 0:24:59,48 |

Schüler C

| | | | | | | |
|----|------|---------------------|------|---|-----------------|------------|
| 1. | 9668 | Schmalenbeck, Lucas | 1995 | m | TUS Norderney | 0:20:42,83 |
| 2. | 9661 | Uekotter, Christoph | 1994 | m | TSG Harsewinkel | 0:21:02,73 |
| 3. | 29 | Gehrke, Sven | 1994 | m | TSV Kirchdorf | 0:21:33,85 |

Schüler B

| | | | | | | |
|----|------|-------------------|------|---|--------------------------|------------|
| 1. | 874 | Böhme, Marc | 1993 | m | LG Süd Berlin | 0:19:26,19 |
| 2. | 1146 | Schwalbe, Patrick | 1992 | m | SC Melle 03 | 0:19:48,65 |
| 3. | 1103 | Ditzfeld, Eimo | 1992 | m | Team Gym. Aur./Moorhusen | 0:21:28,96 |

Schüler A

| | | | | | | |
|----|-----|-----------------------|------|---|----------------------|------------|
| 1. | 800 | Sels, David | 1990 | m | SV Lengerich-Handrup | 0:20:11,41 |
| 2. | 837 | Holtschneider, Marcel | 1990 | m | (Duisburg) | 0:20:25,73 |
| 3. | 803 | Karabulut, Emin | 1990 | m | LT Karl Leisner | 0:20:32,42 |

m. Jugend B

| | | | | | | |
|----|------|-----------------------|------|---|-----------------------|------------|
| 1. | 934 | Beckmann, Phillip | 1989 | m | TB Burgsteinfurt | 0:16:48,72 |
| 2. | 691 | Winter, Jan Christoph | 1988 | m | Läufer-Team Oker e.V. | 0:18:13,04 |
| 3. | 1104 | Meinen, Sven | 1989 | m | LGW | 0:19:32,69 |

m. Jugend A

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|----|------|------------------|------|---|-----------------------------|------------|
| 1. | 1067 | Bühler, Lars | 1986 | m | LAZ PUMA Troisdorf/Siegburg | 0:16:05,64 |
| 2. | 1069 | Grabosch, Stefan | 1986 | m | LAZ PUMA Troisdorf/Siegburg | 0:16:44,55 |
| 3. | 825 | Söffgen, Chris | 1987 | m | (Norden) | 0:17:47,88 |

Männer

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|----|-----|-----------------|------|---|-----------------------------|------------|
| 1. | 549 | Manz, Markus | 1984 | m | LAZ PUMA Troisdorf/Siegburg | 0:16:31,84 |
| 2. | 931 | Stücker, Markus | 1984 | m | TB Burgsteinfurt | 0:17:29,36 |
| 3. | 14 | Weber, Frank | 1977 | m | Team Hakenhand | 0:17:46,76 |

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|------------|----------|-----------------------|--------|-------|------------------------------|------------|
| M30 | | | | | | |
| 1. | 9679 | Fleßner, Hermann | 1974 | m | Klower Rennschnecken | 0:16:53,40 |
| 2. | 858 | Nintemann, Mathias | 1975 | m | SV Neurhede | 0:18:23,71 |
| 3. | 887 | Lang, Matthias | 1974 | m | Garbsener SC | 0:18:27,06 |
| M35 | | | | | | |
| 1. | 9680 | Ringering, Onno | 1968 | m | Ihlower Rennschnecken | 0:17:18,12 |
| 2. | 765 | Riekers, Johann | 1970 | m | (Münster) | 0:18:07,88 |
| 3. | 907 | Vath, Martin | 1969 | m | (Dortmund) | 0:21:19,60 |
| M40 | | | | | | |
| 1. | 853 | Pauls, Joerg | 1963 | m | (Norden) | 0:18:28,44 |
| 2. | 872 | Poguntke, Martin | 1963 | m | Klinik Norddeich | 0:19:36,73 |
| 3. | 816 | Przyklen, Ingo | 1963 | m | swb runners | 0:20:08,48 |
| M45 | | | | | | |
| 1. | 801 | Stockhausen, Dietrich | 1960 | m | BSG Clemens Hospital Münster | 0:20:15,73 |
| 2. | 769 | Sels, Gerald | 1957 | m | SV Lengerich-Handrup | 0:23:37,58 |
| 3. | 718 | Schröer, Jürgen | 1956 | m | TV Mettingen | 0:23:56,38 |
| M50 | | | | | | |
| 1. | 27 | Schissler, Paul | 1951 | m | Sparkasse Bremen | 0:19:24,04 |
| 2. | 986 | Hagemann, Klaus | 1952 | m | TUS Norderney | 0:20:00,09 |
| 3. | 460 | Kreutziger, Bernd | 1955 | m | LC Nordhorn | 0:20:33,79 |
| M55 | | | | | | |
| 1. | 787 | Matz, Jürgen | 1949 | m | TKJ Sarstedt | 0:20:46,66 |
| 2. | 1003 | Waschkau, Klaus-Peter | 1946 | m | Ihlower Loopers | 0:24:44,22 |
| 3. | 990 | Lehmann, Hans | 1949 | m | (Reichelsheim) | 0:26:16,41 |
| M60 | | | | | | |
| 1. | 1124 | Jung, Hartmann | 1941 | m | Läufer-Team Oker e.V. | 0:24:14,85 |
| 2. | 857 | Fadel, Klaus-Dieter | 1943 | m | (Neuenkirchen) | 0:25:22,21 |
| 3. | 50 | kastner, norbert | 1943 | m | DTV - SKI | 0:25:51,20 |
| M65 | | | | | | |
| 1. | 994 | Welbers, Karl | 1940 | m | SV Leezdorf | 0:37:08,23 |